



# Rethinking Clinical Audit: Psychotherapy Services in the NHS

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## **Rethinking Clinical Audit: Psychotherapy Services in the NHS**

Clinical audit can be a powerful tool for change, but is often perceived as externally-imposed time-wasting. Focusing on applications of clinical audit in psychoanalytic psychotherapy NHS services, the authors examine why audit is resented, how it can be 'reconstructed' as a useful tool for clinicals, and provide real-life examples of good practice. More than a simple 'how-to', this book provides new understanding of a persistent problem in health-care organisations and will be of interest to all mental health staff, trainees and service managers.

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