



Fight or Die: The Vinny Paz Story

Tommy Caduto

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A personal account of how a beloved boxer beat the odds inside and outside the ring

"Written by Tommy Jon Caduto, a childhood friend of Vinny Paz who was there every step of the way. It's a book that not only captures [Paz's] entire journey, but also expertly captures the culture the journey sprang from." *Providence Journal*

"*Fight or Die: The Vinny Paz Story* delivers every bit of excitement to both the clamoring Pazmaniacs and mainstream sports fans that the 'Pazmanian Devil' brought into the ring every night of his fan thrilling career. . . . Every bit as entertaining as it is accurate, [it] leaves no stone unturned." *onthe grindboxing.com*

Fight or Die tells the remarkable story of one of America's best-loved boxers, Vinny Paz. Born Vincent Pazienza in 1962 in the mean streets of Cranston, Rhode Island, Vinny rose to become a champion in two weight divisions over a twenty-year career. Here, his best friend captures all the pain and sweat of the boxing world, with the rich traditions and grit of Rhode Island's Italian-American community?and with the incredible odds this boxer overcame again and again. A moving testament to the power of the human spirit, *Fight or Die* recounts in arresting detail Vinny Paz's dramatic victories inside the ring?but it is his victory outside the ring that will inspire all readers.

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