



Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose

Valerie Silveira

Download now

[Click here](#) if your download doesn't start automatically

Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose

Valerie Silveira

Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose Valerie Silveira
In 2004, Valerie Silveira's 18-year-old daughter was shot by her ex-boyfriend. Over the next decade, Jordan's life spun further out of control and, as a result, Valerie's plunged into darkness. She would face the heartbreaking reality that her daughter is a heroin addict, and the painful **truth that she is powerless to save Jordan from her Drug Addiction Beast.**

Are you living with a Beast? They come in all shapes and sizes. Some arrive because of an alcoholic or addict in the family, abuse, abandonment, an accident or illness, loss, perfectionism, or something else. Many are a combination of two or more. A Beast is that situation, person, attitude, or circumstance that has left you lost, defeated, frustrated, angry, hopeless and helpless, or living in paralyzing fear. Our Beasts remind us of the past, keep us from living in the present, and fearful of the future.

Beginning three years prior to the shooting, Valerie stepped onto what she calls the Roller Coaster From Hell. Her Codependent Enabler Beast rode it with her, but it would take Valerie nearly thirteen years to acknowledge the Beast that was slowly taking over her life.

With a heart shattered into a million pieces, a broken family, health issues, financial hardship and depression, Valerie was giving up the hope of ever being happy again. *Still Standing After All the Tears* takes you on a journey through the agony and hopelessness of losing a child over and over again to drug addiction. Valerie shares her very painful journey to battle her own two-headed Codependency Enabler Beast. This book will give hope to anyone living with any kind of Beast - that you too have what it takes to stand up and fight.

She developed the Nine Actions to Battle Your Beast that are helping countless others to stand up and fight; to put the pieces back together after all hell breaks loose.

Nine Actions to Battle Your Beast

1. Decide to Stand Up & Fight
2. Get On Your Spiritual Armor
3. Put On Your Oxygen Mask
4. Build Your Circle of Strength
5. Change Your Attitude
6. Adjust Your Focus
7. Stop Being a Control Freak
8. Stand On Your Story
9. Make Meaning From the Madness

Valerie has an incredibly relatable style and her sense of humor shows through the pain. This book is important not only for families of addicts or domestic abuse victims, but also for anyone struggling to move through or past a serious life situation. The Nine Actions to Battle Your Beast are the very actions that Valerie still uses today and that are helping others to stand up and reclaim their lives.

If you are a mother of an addict or have a family member or loved one who is an addict, this book is for you. If your Beast has nothing to do with addiction, this book is still for you. No matter what Beast you have been living with, the Nine Actions To Battle Your Beast could mean the difference between living and really living.

 [Download Still Standing After All the Tears: Putting Back t ...pdf](#)

 [Read Online Still Standing After All the Tears: Putting Back ...pdf](#)

Download and Read Free Online Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose Valerie Silveira

From reader reviews:

Eric Bittinger:

Within other case, little persons like to read book Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose. You can choose the best book if you'd prefer reading a book. So long as we know about how is important some sort of book Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose. You can add understanding and of course you can around the world by way of a book. Absolutely right, simply because from book you can realize everything! From your country until finally foreign or abroad you will end up known. About simple factor until wonderful thing you may know that. In this era, we could open a book as well as searching by internet device. It is called e-book. You need to use it when you feel uninterested to go to the library. Let's study.

Frances Sitz:

This Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose book is not really ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book is information inside this publication incredible fresh, you will get info which is getting deeper anyone read a lot of information you will get. This Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose without we know teach the one who reading through it become critical in considering and analyzing. Don't be worry Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose can bring whenever you are and not make your bag space or bookshelves' become full because you can have it in the lovely laptop even cellphone. This Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose having fine arrangement in word in addition to layout, so you will not experience uninterested in reading.

Pedro Murray:

Your reading 6th sense will not betray an individual, why because this Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose e-book written by well-known writer we are excited for well how to make book that could be understand by anyone who all read the book. Written throughout good manner for you, leaking every ideas and creating skill only for eliminate your own hunger then you still hesitation Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose as good book not merely by the cover but also with the content. This is one e-book that can break don't assess book by its include, so do you still needing another sixth sense to pick this specific!?! Oh come on your studying sixth sense already alerted you so why you have to listening to another sixth sense.

Sharon Brogdon:

Reading a guide make you to get more knowledge from the jawhorse. You can take knowledge and information coming from a book. Book is composed or printed or descriptive from each source that will filled update of news. On this modern era like today, many ways to get information are available for a

person. From media social including newspaper, magazines, science reserve, encyclopedia, reference book, book and comic. You can add your understanding by that book. Are you hip to spend your spare time to open your book? Or just in search of the Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose when you desired it?

**Download and Read Online Still Standing After All the Tears:
Putting Back the Pieces After All Hell Breaks Loose Valerie Silveira
#B4FDYTRXUVH**

Read Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose by Valerie Silveira for online ebook

Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose by Valerie Silveira Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose by Valerie Silveira books to read online.

Online Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose by Valerie Silveira ebook PDF download

Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose by Valerie Silveira Doc

Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose by Valerie Silveira Mobipocket

Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose by Valerie Silveira EPub