



Beat the Wheat!: Easy and Delicious Wheat-Free Recipes for Kids With Allergies (Allergy Aware Cookbooks)

Katrina Jorgensen

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Can't eat wheat? Check out these reaction-free recipes! Muffins, chicken strips, french toast, pizzafoods you thought were off-limits forever, but now they're back on the menu. Discover delicious food you can make and eat with a wheat allergy.

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