



# Sticks, Seeds, Pods & Leaves: A Cook's Guide to Culinary Herbs and Spices

*Ian Hemphill, Elizabeth Hemphill*

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Presented in an accessible A-to-Z format, and including a wonderful selection of more than 150 simple and modern recipes that show off the unique flavor of each ingredient, this is the ultimate guide to growing, sourcing, and cooking more than 80 herbs and spices. Cooks will discover how to grow and use their favorites to create delectable dishes, including Roasted Mushrooms with Ajowan, Cauliflower with Indian Spices, Vietnamese Chicken with Lemongrass, Ras El Hanout Chicken, a hearty Lamb Shanks Tagine, Risotto with Garlic and Fennel, Rosemary Scones, and Lavender Ice cream. Beautifully illustrated throughout, including full-color identification photos of all herbs and spices (and blends), this reference is a must-have cookbook for chefs of all skill levels.

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