



Song Of The Spine

Dr. June Leslie Wieder

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The human spine with its primary and secondary curves looks like a standing wave. Is it possible, asks the author, that energy echoes like a standing wave between these curves in order to maintain the structural and neural integrity of the spine and nervous system? That question led Dr. Wieder into research on the resonance of the spine. Her studies reveal that each bone of the spine has its own tone and frequency, and that applying specific vibrational frequencies directly to the vertebrae generates a sympathetic response that activates the embedded harmonics that help maintain healthy functioning. This book provides an overview of the history of harmonic healing from ancient times to the present, and chapters on how sound creates form and the neurobiological basis of vibrational healing. But the core of the book is about a vibrational therapy called bone toning, how it was developed and how it can be applied.

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