



The Thyroid Cure - The Functional Mind-Body Approach to Reversing Your Autoimmune Condition and Reclaiming Your Health!

Michelle Corey

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In *The Thyroid Cure*, Michelle Corey outlines the exact steps that anyone can take to reverse ANY kind of chronic, inflammatory autoimmune condition. You will learn how to become empowered in health, navigate the broken medical system and get the right care, so that you can undercover the roots of your illness and heal for good. You will discover what you can do on your own to restore your and health, and how to find and work with a practitioner if necessary. The book comes with online companions such as: A letter to your doctor explaining the rationale; a test request so you can have a baseline for where you stand at the beginning of the program; mind-body assessments so that you and your doctor can get closer to identifying the roots of your condition; a 14-day detox program to kick start your recovery and help you become aware of any foods that might be triggering your condition. Chronic inflammatory conditions such as autoimmunity can be successfully and quantifiably reversed when the underlying splinters are uncovered and removed, and the core systems of the body are restored to balance. *The Thyroid Cure* is based on cutting-edge science and combines ancient healing principals with the current advances in functional and integrative medicine

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