



Handbook of Clinical Nutrition, 4e

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- Uses a concise, clinical focus to provide just the information you need.
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- Contains numerous tables of drug-nutrient interactions, therapeutic diets, food composition, lab tests, nutritional assessments, and more.
- Includes information on performing nutritional assessments and providing nutritional support and counselling.
- Expanded chapter on physical activity
- Contains new chapters on:
 - o Metabolic Syndrome
 - o Counseling for Lifestyle Change
 - o Complementary and Alternative Nutritional Therapies
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