



Empath Power: Grounding, Healing and Protection for Life!

Diane Kathrine

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There are some immense changes and shifts happening on the planet affecting Empaths on many levels. These changes bring pain, emotional disruptions and repetitive negative thought patterns. When these energy shifts happen, Empaths, HSPs and anyone of a Sensitive nature gets clobbered from all directions. Not only do they endure the discomfort of a shifting period in their own way but they also pick up on how the populace are experiencing these changes. If you often feel overwhelmed and overloaded by all you have to process during these turbulent times, Empath Power is for you. As an Empath you are one of life's game changers! It is imperative you stay grounded, protected and healthy during these testing periods. This book is your guide to show you how!

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