



Winning at Work: An Inside Job - Twenty-five easy steps to enhance your career and help you to achieve success

Norma Hosten

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We all have the ability to be outstanding at work and achieve our career dreams and ambitions. So what stops so many of us from doing just that? How is it that we can get so lost in the fog of mundane routines, that so many of us abandon our original goals and settle for less to lead lives of 'quiet desperation'? Our circumstances may not be great but you know what? With a little help, focus and determination, any one of us can grow way beyond anything we may have ever imagined. This practical and inspiring work book is just what you need if you're stuck in a rut - the 'auto-pilot' rut. It will beam a light on those 'sticky' areas that keep holding you back and take you on a journey of self discovery, opening your mind to fresh new thinking and decisive action. Filled with winning strategies, this book will teach you to organize yourself so that you work 'smart' and not just hard. Most of all, you will learn that when you are ready to own the place you are in and remove the blame and excuses, your sense of responsibility and your power will return and you won't be able to stop your advancement to bigger and better things. Do the work: redefine your identity, examine your priorities, get clear about where you really want to be and let this book mentor you to the next level for a more fulfilling work-life. Norma Hosten has a genuine zeal for motivating and empowering people to take charge of their lives so they can progress to where they want to be. A demanding, professional career in the Criminal Justice System has sharpened her natural gift to connect with people and operate from a solution oriented perspective. Proficient in a range of therapeutic skills and techniques to address issues of confidence building and personal growth, she clearly believes that change is an inside job and is resolute that the principles of personal responsibility are paramount in everything we do. Norma lives in London with her family, including Simbah their beautiful

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