



Classical Dressage Foundations with Wolfgang May: A workbook for students and trainers

Lydia F. Gray

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"A loving tribute to Wolfgang May through photos and memory of students and friends. AND, a comprehensive workbook for students and trainers, helping with 'homework' as well as keeping lessons fresh with fun and creative exercises. A great combination!" Adrienne Pot, USEF Dressage Senior Licensed official, FEI CDPDI 3* licensed official, Aspen Manor, Barrington Hills, Illinois "Lydia Gray has compiled a gentle homage to her mentor and friend legendary horse trainer Wolfgang May; one filled with love and practical insight. You gain a look into Mr. May's personality by the myriad "Wolf-isms" sprinkled throughout the text and you get a glimpse into his personality by the numerous testimonials from both family and longtime students provided for this book. But it is through the carefully detailed exercises that give the reader of "Classical Dressage Foundations with Wolfgang May – A Workbook for Students and Trainers" a mirror into the soul of a true horseman. Each exercise showcases a way to help the horse and rider achieve improved communication and eventually more athletic prowess. I personally can't wait to get in the saddle and try some of them. Kudos to Lydia and to Wolfgang." Jennifer Malott Kotylo, Sunflower Equestrian Wellness, www.jenniferkotylo.com, Chicago Illinois "As an avid and long-time dressage rider and instructor, I appreciated the simplicity and complexity of this book. It is eloquently written, the exercises are clear and the goals simply stated. I enjoyed the theory discussions as well as the personal letters. I never met Wolfgang but, in the pages of this book, I can feel the presence of a kind, wonderful soul that helped many horse and riders with more than just the journey of riding dressage. This book is both educational as well as entertaining and a beautiful tribute to a life lived in service of passing on the legacy of dressage as the art of communication to future generations." Julie Arkison, author, Saline, Michigan. "This book is a tribute to Wolfgang May, an exceptional horseman, teacher and person. If we could all have such a coach! Fortunately, whether we read his students' recollections, follow the exercises shown on our own horses, or soak up the knowledge that his wife Suzanne presents, this book gifts us with the feeling that we know Wolfgang and have access to his valuable guidance." Francesca Hawkins, Contributing Author to Dog Tales for the Soul and Horse Tales for the Funny Bone, Farndale Farms, Pembroke, Ontario, Canada "With well thought out patterns that systematically challenge you and your horse, this book serves as an opportunity for every dressage rider to benefit from gifted horse trainer, Wolfgang May. You will come back to the patterns again and again as your skill and understanding improves over time. Dr. Gray has commemorated Wolfgang May's life and work with a truly beautiful book that is not only practical but also filled with inspirational wisdom. Highly recommended." Kathy Farrokhzad, Author of the Horse Listening blog and books, Canada

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Donald White:

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