



## No More Running in Circles

*Kim Engelmann, Teresa McBean*

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In *No More Running in Circles* Engelmann and McBean share how they learned “to tell the truth, experience transformation, and heal from the inevitable wounds that come from living on planet earth.” The result is rich with both personal and professional insights informed both by the best of Christian spiritual formation and the the practical wisdom of twelve step traditions. If you are tired of ‘running in circles’, this is the book for you.

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