



# How to Be Ultra Spiritual: 12 1/2 Steps to Spiritual Superiority

*JP Sears*

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## Welcome to the Glorious Grandeur of Ultra Spirituality

In case you haven't noticed, the New Age has become the Old Age. But don't recycle your crystals just yet! His Enlightenedness JP Sears is ushering in the Newer Age, blinding us with the dawn-like brilliance that is Ultra Spirituality. *How to Be Ultra Spiritual* presents Ultra Spiritual JP's none-of-a-kind guidance, so you can better yourself through teachings on:

- Competitive spirituality—the Ultra Spiritual foundation that the rest of your Ultra Spiritual path rests on
- Why burying your feelings alive makes you thrive
- Dreaming up your awakening—how to engineer your carefully contrived spiritual narrative
- Rigidly yogic yoga—the moisture-filled cloud formation that drops rain upon your river so your flow can flow
- Following the light to the greener spiritual pastures of veganism
- He-ness, financial levity, deathliness, and other qualities of the quality guru
- Mindfulness—all of the fullness of mindfulness with none of the mind
- Merciless meditation—the most effective way to become more meditative (and, duh, more spiritual)
- Accessing the forces of critical nonjudgment
- Using plant spirit medicine to experience a degree of enlightenment that you aren't enlightened enough to experience without the spirit who lives inside its particular vegetation
- Humbleness, and how to employ it in the most superior sense of the word

With *How to Be Ultra Spiritual*, His Enlightenedness JP Sears brings the heart and soul of ancient spirituality back to life with a progressive aggression, replacing the diluted uselessness of modern spirituality with the waaay more spiritual wisdom of Ultra Spirituality. See if you can keep up . . .

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People live in this new morning of lifestyle always try to and must have the free time or they will get lots of stress from both day to day life and work. So , once we ask do people have extra time, we will say absolutely of course. People is human not really a robot. Then we consult again, what kind of activity have you got when the spare time coming to an individual of course your answer will probably unlimited right. Then do you try this one, reading books. It can be your alternative with spending your spare time, the book you have read is actually How to Be Ultra Spiritual: 12 1/2 Steps to Spiritual Superiority.

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