



Saké Pure + Simple: Facts, Tips, Lore, Libation

Griffith Frost, John Gauntner

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Grif Frost's SakéOne brewery has revolutionized how Americans drink saké-not hot but lightly chilled. Here he and saké expert John Gauntner provide useful and fun facts about brewing, history, tasting, connoisseurship, selection, and etiquette. This updated edition includes new saké bars and shops, plus a new introduction by Andrew Weil, M.D., on saké as a natural, pure beverage.

Griffith Frost is CEO of SakéOne in Forest Grove, Oregon. **John Gauntner** has written several books on saké.

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