



My Life on a Plate

India Knight

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Optioned for film and published in sixteen countries, this British sensation explodes the myth that all people need to be truly happy is love and marriage. Meet thirty-three-year-old Clara Hutt: irreverent, sometimes unkind, always self-deprecating. Clara is a part-time magazine writer with a perpetually mysterious husband and two small boys, and some days she wakes up with the feeling that her life isn't all it should be. Her extended stepfamily is forever making demands; her sons are constantly "murdering each other"; all the other mothers at the school gate are perfectly groomed, but Clara is in her pajama bottoms and her husband's sweater.

With razor-sharp wit and a healthy dose of insight into married life, India Knight takes readers on a continually entertaining ride through one woman's bumpy search for fulfillment.

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