



Don't Be Afraid to Say No! (Bunnys & Bubbles)

Ilona Lammertink

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Jet usually loves playing with her friends, but when they try to get her to do things that make her uncomfortable, she does not know how to tell them no. She worries that if she does not go along with the other children they will refuse to play with her. Eventually, Jet learns that saying no, while difficult at first, is sometimes necessary. Written by a children's therapist, this valuable resource contains handy information with tips for parents and teachers on how to teach children to assert themselves. With an engaging, relatable story, it skillfully navigates a sensitive topic and facilitates children's emotional growth

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