



Couples Therapy: A Nontraditional Approach

Daniel B. Wile

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Presents an innovative approach to couples therapy based upon a nonadversary therapeutic model that encourages partners to incorporate their conflicts and fantasies into their relationship. Sets forth a critique of the psychoanalytic, behavioral, and systems approaches and describes techniques for patient-therapist collaboration and supportive therapeutic intervention on behalf of each partner, Includes strategies for handling angry partners, withdrawn partners, polarized partners, and patients who reject the therapist's interpretations.

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