



# **The Arthritis Cure : The Medical Miracle That Can Halt, Reverse, and May Even Cure Osteoarthritis**

*Jason Theodosakis, Sheila Buff*

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Since its original publication in 1996, *The Arthritis Cure* has swept the nation, providing amazing relief for the millions who suffer chronic arthritis pain. By outlining a nine-point program that includes a new effective supplement, ASU, *The Arthritis Cure Revised Edition* describes a program that can halt, reverse, and possibly even cure degenerative osteoarthritis.

Based on the most recent and cutting-edge medical research, this invaluable resource promises readers:

- The latest research indicating that prescription arthritis drugs are not only expensive but can also be dangerous--they can raise blood pressure and damage the kidneys.
- New studies supporting the use of glucosamine and chondroitin to treat arthritic symptoms.
- Dr. Theodosaki's ratings of the current glucosamine products on the market, including which supplements are worth buying and which supplements are a waste of money.
- An all-new and improved exercise program for people with arthritis.
- The latest information on related conditions such as fibromyalgia and rheumatoid arthritis.

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