



# Orthodontic Retainers and Removable Appliances: Principles of Design and Use

*Friedy Luther, Zararna Nelson-Moon*

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*Orthodontic Retainers and Removable Appliances – Principles of Design and Use* is a unique practical guide for dental students, general dental practitioners, orthodontic students, therapists and others who have an interest in knowing how to design, fit, adjust and maintain retainers (both fixed and removable) and removable orthodontic appliances.

The book offers step-by-step instructions alongside clear illustrations within the key areas of clinical orthodontic practice. In each case, information is provided on indications for use, principles of design, fitting, activation and trouble shooting.

Further chapters coach the clinician on dealing with various frequently occurring situations and provide tips on effective patient management. Topics covered include: things to check at the chair side; follow up appointments – what to check and why; the importance of knowing when and how to refer.

## KEY FEATURES

- Highly illustrated in full colour throughout
- Case examples
- Self-assessment section
- Step-by-step instruction

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