



Crystal Healing For The Chakras: A Beginners Guide To The Chakras And Chakra Balancing With Crystals

Ethan Lazzerini

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A Beginners Guide to the Chakras and Chakra Balancing with Crystals!

Follow my step-by-step crystal healing techniques and simple meditations to cleanse and balance the energy of your chakras. Let me take you on a journey through the Chakra System, exploring each chakra one by one. Understand how the chakras relate to your mind, body, spirit and emotions. Learn how to tell when your chakras are clear, balanced, weak or blocked. Discover which crystals resonate with each chakra and use my Chakra Crystals Cheat Sheet.

Suitable for beginners and beyond, this book takes you further than the traditional seven Major Chakras. Discover the spiritual secrets of the Soul Star and Earth Star Chakras.

Cleanse, Balance, Align and Activate your Chakras with Crystals:

This book is a practical guide to crystal healing for the chakras you can use in the comfort of your own Home. Illustrated with diagrams and full colour photos of the crystals. Awaken your psychic abilities, cleanse negative energies and raise your vibration!

What You Will Learn:

The role of the Upper, Lower and Minor Chakras

The role of the Soul Star and Earth Star Chakras

How to Cleanse, Program and Use a Chakra Crystal Set

How Crystal Jewellery Relates to the Chakras

Cleanse, Balance and Align Your Chakras with Crystals

Activate Your Chakras for Personal Growth

PLUS Three 'Chakra Hacks' Chapters Reveal:

Crystals That Cleanse ALL The Chakras

Crystals That Balance ALL The Chakras

Crystals That Align ALL The Chakras

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Ed Abraham:

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James Scott:

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