

# Overcoming the Fear of Death: Through Each of the 4 Main Belief Systems

Kelvin H. Chin

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Woody Allen once said, "I'm not afraid of dying. I just don't want to be there when it happens." For those of us who will be there when it happens, Kelvin Chin is providing insight, caring support and a warm life philosophy. A much needed book on more than fear, but of really living.

- Pen Densham, Oscar Nominated Filmmaker

#### ARE YOU AFRAID OF DEATH?

What is death? Is it the end, the beginning, or a transition? Why are we so afraid of death? After all, death is inevitable.

"Overcoming the Fear of Death: Through Each of the 4 Main Belief Systems" helps us reduce and overcome our fears without having to change our beliefs about death.

It is written for:

- The Devout, the Agnostic and the Atheist
- Baby Boomers, GenX'ers and Millennials
- Everyone!

#### What you will discover:

- The 4 Main Belief Systems About Death that cover all religions and cultures
- How to overcome your fear of death through your belief system

Kelvin Chin is a speaker, author and meditation teacher. Executive Director and Founder of the Overcoming the Fear of Death Foundation and TurningWithin.org, he has worked on death and dying issues since the 1980s. Born in Boston, he has lived in 6 countries, and lectures worldwide.

"I couldn't put it down. Very insightful. Loved the personal stories. Everyone can benefit from it. Because one thing is certain. We are all going to die."

- Donna Carpenter, Caregiver



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