



Be Angry, but Don't Blow It!: Maintaining Your Passion Without Losing Your Cool

Lisa Bevere

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Are you tired of anger destroying your life, health, and relationships? Or perhaps you're upset and have held it in for far too long. Guess what-you're not alone! A lot of women are angry, and they're blowing it! They vent it on the very ones they love the most and desperately want to stop but they don't know how. This book interweaves powerful scriptural truths with practical, personal examples, and prayer. Readers will learn to channel passionate emotions constructively. Anger is not wrong, it is how we express it and how far we take it that determines the outcome. For those really ready to be honest and get free, this book will light the way.

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