



# An Instructor's Guide to Teaching Children to Ride

Melissa Troup

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The aim of this book is to provide new and trainee instructors with inspiration and advice on teaching children to ride, from the very first lesson. Experienced author and instructor, Melissa Troup, discusses all the basics—introducing the pony, mounting, how to sit in the saddle, holding the reins, stopping, starting and steering, and how to teach rising and sitting trot and canter—and moves on to develop young riders' interest through dressage, jumping, cross-country and competitions. Throughout, the emphasis is on safety—and making the lessons fun. In addition to basic teaching techniques, the book looks at how to plan group and private lessons, coaching techniques for different learning styles, safety and risk assessment, child protection issues, and on-the-job problem solving. The book includes numerous example lesson plans, and there are even reproducible handouts on stable management, with illustrations and quiz-style questions, specially designed for wet-weather days and off-horse learning. In short, Melissa Troup provides you with everything you need to know to become a wizard instructor, ready to inspire the next generation of young riders.



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Playing with family in the park, coming to see the water world or hanging out with pals is thing that usually you may have done when you have spare time, then why you don't try factor that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love An Instructor's Guide to Teaching Children to Ride, you may enjoy both. It is very good combination right, you still would like to miss it? What kind of hang type is it? Oh can occur its mind hangout guys. What? Still don't understand it, oh come on its known as reading friends.

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